

MILK FISH

GENERAL INFORMATION

Product: Milk Fish
Scientific name: *Chanos Chanos*
Brand: Channel
Form: Whole Round
Country of origin: Indonesia and Taiwan



PRODUCT & PACKAGING



Product mix: Milkfish
Breaded/battered: N/A
Bones In/Out: In
Shell On/Off: N/A
Skin On/Off: On
Tail On/Off: On
Ti/Hi: 5 x 8
Case dimensions: 20.5 x 14 x 8.5
Storage conditions: Keep frozen at -18°C or less
Shelf life: 2 Years from production date
Ingredients: Milkfish
Condition: Frozen, Excellent

ADDITIONAL INFORMATION

Flavor profile: Medium/Mild
Texture profile: Firm
Cooking methods: Broiling, Frying, Grilling, Simmering, Sautéing
Seasonality: July - November
Farmed / Wild: Farm-Raised
Method of catch: Tanks

NUTRITION FACTS & OTHERS

Nutrition Facts	
4 servings per bag approx.	
Serving size approx. 4 oz (113g)	
Amount per serving	
Calories	167
% Daily Value *	
Total Fat 7.6g	12%
Saturated Fat 1.8g	9%
Trans Fat 0g	
Cholesterol 59mg	20%
Sodium 81mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 23g	
Vitamin D --	
Calcium 57.63mg	6%
Iron 0.3mg	2%
Potassium 329.9mg	7%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Standards	Limit	Unit
Microbiology		
TPC	500,000	MPN/g
E. Coli	10	MPN/g
Salmonella	ND	MPN/25g
Staphylococcus aureus	100	MPN/g
Chemical		
Histamine	< 35	ppm
Mercury	< 1	ppm

Size	Item Code	UPC #	GTIN	Pack Size	Pack type	Net (lb)	Gross (lb)
300-500 GRAM	MI52800	724155000004	724155000004	1x40 lb		40	41
550-750 GRAM	MI52813	724155005344		1x40 lb		40	41