

Sardines

GENERAL INFORMATION

Product: Sardine whole Nigel
Scientific name: *Sardina pilchardus*
Brand: LitoFish
Form: Whole round
Country of origin: Portugal (PTG)



PRODUCT & PACKAGING



Product mix: Sardine
Breaded/battered: No
Bones In/Out: In
Shell On/Off: N/A
Skin On/Off: On
Tail On/Off: On
Ti/Hi:

Case dimensions: 388 x 248 x 297 mm

Storage conditions: Keep frozen at -18°C or less

Shelf life: 2 Years from production date

Ingredients: Sardine

Condition: Frozen, excellent

ADDITIONAL INFORMATION

Flavor profile: Intense flavor
Texture profile: Medium firm
Cooking methods: Baking, broiling, frying, grilling
Seasonality:
Farmed / Wild: Wild
Method of catch: Surrounding nets and lift nets, trawls, midwater otter trawls

NUTRITION FACTS & OTHERS

Nutrition Facts	
Servings per container Approx.8	
Serving Size 1 piece Sardine	
(100g)	
Amount Per Serving	
Calories	187
% Daily Value *	
Total Fat 11g	16%
Saturated Fat 5g	24%
Trans Fat 0g	0%
Cholesterol 37mg	12%
Sodium 65mg	3%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Proteins 21g	42%
Vitamin D 17µg	340%
Calcium 135mg	17%
Iron 1mg	7%
Potassium 367mg	18%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice

Standards	Limit	Unit
Microbiology		
TPC	500,000	MPN/g
E. Coli	10	MPN/g
Salmonella	ND	MPN/25g
Staphylococcus aureus	100	MPN/g
Chemical		
Histamine	< 35	ppm
Mercury	< 1	ppm

Size	Item Code	UPC #	GTIN	Pack Size	Pack type	Net (lb)	Gross (lb)
	SD22000	-	-	10x2 LB	20 LB	20 LB	21